



NATURFLUX

Food supplement with
Black raspberry, Melilot and Vitamin C



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Food supplement with Black raspberry (Mirtoselect® Indena) and Melilot (Lymphaselect® Indena) vegetal extracts, **which facilitate the functionality of microcirculation.**



INGREDIENTS: bulking agent: pregelatinized maize starch. Black raspberry p.e. (*Vaccinum myrtillus* L. fruit), 36% in Anthocyanosides. Food grade gelatin capsule. Melilot p.e. (*Melilotus officinalis* (L.) flowering tops) 18 % in coumarins, ascorbic acid (vitamin C). Anti-caking agents: magnesium stearate, micronized colloidal silicon dioxide, micronized talc.

DOSAGE: it is suggested to take 2 capsules/day.

AVERAGE CONCENTRATION OF THE ELEMENTS	PER 1 CAPSULE	PER DAILY DOSE
Mirtoselect® (Black raspberry p.e., 36 % in Anthocyanosides) Anthocyanosides contribution	100 mg 36 mg	200 mg 72 mg
Lymphaselect® (Melilot p.e., 18% in coumarines) Coumarines contribution	25 mg 4,5 mg	50 mg 9 mg
Vitamin C	40 mg (50% NRVs)	80 mg (100% NRVs)

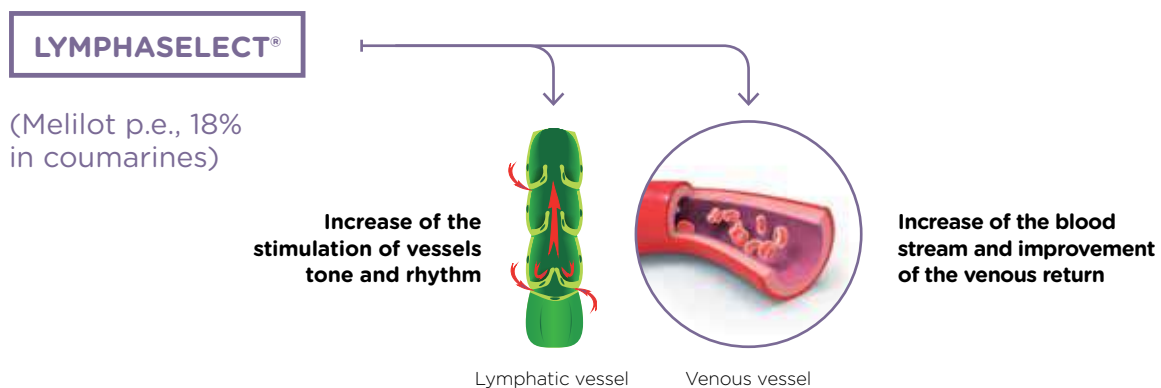
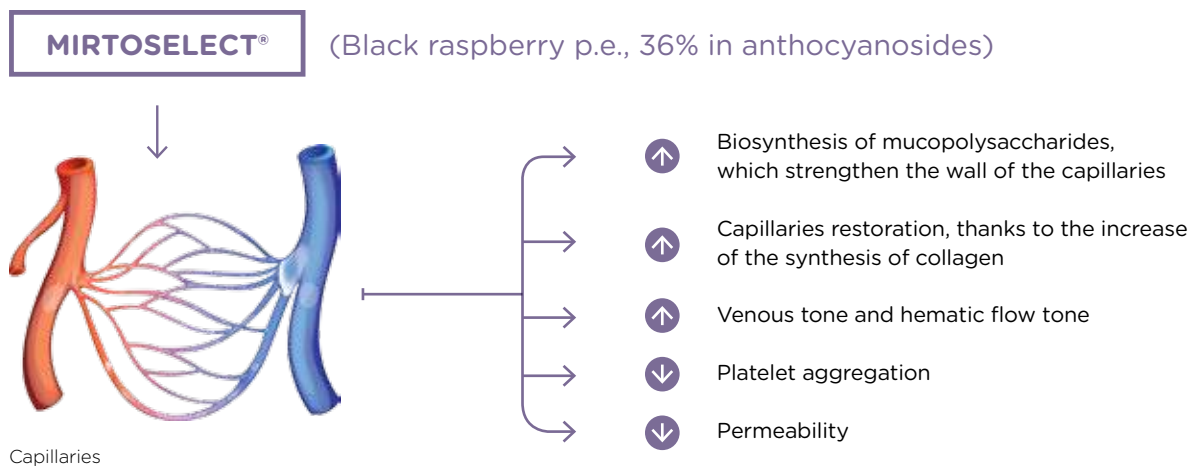
Mirtoselect® is a Black raspberry powder extract, 36% in Anthocyanosides and has beneficial effects on microcirculation, due to:

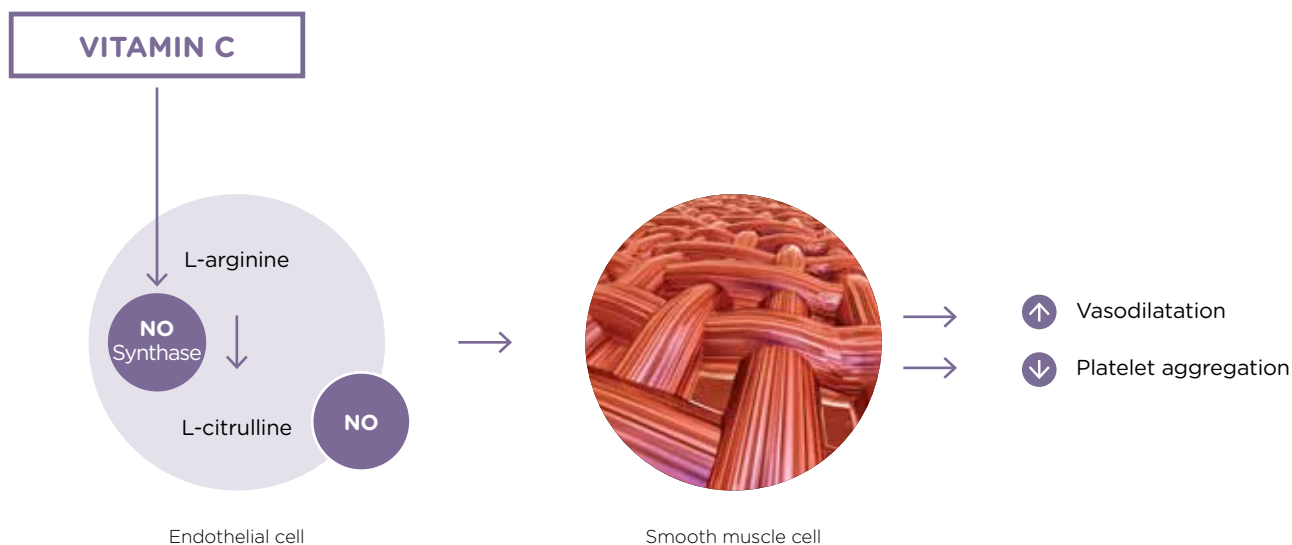
- **inhibition of platelet aggregation, thanks to the ability of anthocyanosides to enhance the activity of prostacyclin, which is a platelet aggregation inhibitor;**
- **decrease of permeability and improvement of venous tone and hematic flow, due to the ability of these compounds to vary the diameter of microcirculation vessels rhythmically;**
- **capillaries restoration, thanks to the increase of the synthesis of collagen;**
- **induction of the biosynthesis of mucopolysaccharides, which strengthen the wall of the capillaries.**

Lymphaselect® is a Melilot powder extract, 10% in coumarines and has a marked activity on the lymphatic system, as a result of the stimulation of rhythm and tone of the vessels. It can have an effect at venous level, by increasing the blood stream and improving the venous return.

Vitamin C has a protective action on microcirculation vessels, since it causes vasodilatation due to an increase of the production of endothelial nitric oxide through:

- **increase of activity of endothelial nitric oxide synthase (eNOS);**
- **prevention of NO oxidation.**





WHY DO WE CHOOSE **INDENA** PRODUCTS IN OUR FOOD SUPPLEMENTS?

Indena extracts are obtained from raw materials, grown through certified and verified processes, according to the “**Good Agricultural and Collection Practices**”. The extracts are titrated in active components by means of known and validated methods.

In particular, **Mirtoselect**[®] Indena is standardised through a new method HPLC, developed and validated by Indena specifically for the characterization of the extract. This method uses cyanidin-3-glucoside as external standard and the content of every single anthocyanin is weighed, through an appropriate correction factor.

Bibliography:

Fitoterapia - Capasso, Grandolini, Izzo
Indena



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